

What kind of activities are you involved with outside of school?

- Lifeguard, animal shelter volunteer, ENT

Do you do any extracurricular activities at school (sports? clubs?)?

Do you have homework? How do you remember your assignments? How do you make time to do your homework?

- Phone reminder, writing it down on calendar, just remember
- Due at end of week so I pace myself

How do you get out extra energy during the school day/in class?

- Run after school, stretches

What time do you usually go to bed? Wake up?

- 10:30pm- 6:30am

Do you like to sit close to the teacher so you can see better or further away from the teacher?

- Directly in front

Do you work well in group assignments?

- Prefer to work by myself; I had anxiety, ADHD, dyslexia so I work better alone

Describe how you feel when you don't do as well in an assignment as you'd like:

What is more important to you: impressing your classmates or impressing the teacher?

- Neither, I just do my best (1)
- Teacher (3)

When you write, what do you like to write about?

Do you like to dress like everyone else or stand out from the crowd?

Do you ever feel nervous during the day?

When you are angry with someone do you forgive them easily or not?

- Takes time to regain trust, dependent on situation, one friend, forgive but I don't forget

Do you do any community service?

What kind of rewards motivate you to do work?

- Internal, good grades, to hear "I'm proud of you." I want to reach my goals

What was the last book you read? Your favorite book?

- "Blood Done Sign my Name", "Harry Potter" (read as a family), Orphans Moving

What type of music do you listen to?

- Everything: sad, country ; mostly podcasts about science and history

What are some rules you have to follow at home? At school?

- Chores, curfew, stay out of trouble
- Stay in class, stay out of trouble, no phones/ headphones, wear one earbud

Do you have a phone or computer? Do you use social media?

Do you usually take time to think about something before acting, or act before thinking?

How do you resolve conflicts with peers/friends/classmates?

- Try to talk it out, sometimes let things go (not worth it); tell a teacher, take a break, restart with teacher

Describe your relationship with your parents/guardians.

What are some strategies you use to organize your time/things?

Describe how your experiences in high school are similar to/different from middle school?

Describe what makes a good teacher.

- Goes over what is assigned, teacher who hears both sides of story, engagement, reviews, know you don't understand what's going on at home, goes over things in a different way

Describe some leadership opportunities you have had, if any.

What are your plans after graduation?

- Vet in Air Force, travel (make clothes)