

What kind of activities are you involved with outside of school?

- Animal shelter volunteer, Fire department volunteer, and participate in teen court cases

Do you do any extracurricular activities at school (sports? clubs?)?

- Yes. I play football and basketball to stay in shape.

Do you have homework? How do you remember your assignments? How do you make time to do your homework?

- Phone reminder, Remind App, writing it down on a calendar or sticky note, or I just remember
- Most Assignments are due at the end of the week, so I complete a little at a time.

How do you get out extra energy during the school day/in class?

- Stretch when possible. I also find ways to dance or joke around my friends.

What time do you usually go to bed? Wake up?

- 10:30pm- 6:30am

Do you like to sit close to the teacher so you can see better or further away from the teacher?

- Directly in front

Do you work well in group assignments?

- Prefer to work by myself; I have anxiety, ADHD, dyslexia so I work better alone.

Describe how you feel when you don't do as well in an assignment as you'd like:

- I feel defeated especially if I prepared for the assignment.

What is more important to you: impressing your classmates or impressing the teacher?

- Neither, I just do my best. If I had to pick one, I would say the teacher, because that's who grades your assignments.

When you write, what do you like to write about?

- I usually write in my journal to reflect on my day.

Do you like to dress like everyone else or stand out from the crowd?

- I prefer to have my own style. No one wants to look like everyone else.

Do you ever feel nervous during the day?

- Of course, we are expected to give so much during the day. Sometimes you forget to breathe and tell yourself everything will be fine.

When you are angry with someone do you forgive them easily or not?

- It takes time. Everything is situational. I can forgive, but I do not forget what happens.

Do you do any community service?

- I have completed community service work as a way of giving back to the community.

What kind of rewards motivate you to do work?

- Good grades, being successful, receiving positive affirmations, and reaching my goals.

What was the last book you read? Your favorite book?

- "Blood Done Sign my Name", "Harry Potter" (read as a family), Orphans Moving

What type of music do you listen to?

- I listen to Podcasts and music, but the type of music depends on my mood for the day.

What are some rules you have to follow at home? At school?

- Chores, curfew, stay out of trouble
- Stay in class, stay out of trouble, no phones/ headphones, wear one earbud

Do you have a phone or computer? Do you use social media?

- I have a cellphone because I work and need a way to access a ride home.

Do you usually take time to think about something before acting, or act before thinking?

- It depends. I would like to always think before I act but sometimes my emotions take over.

How do you resolve conflicts with peers/friends/classmates?

- Try to talk it out, sometimes let things go (not worth it); tell a teacher, take a break, restart with the teacher.

Describe your relationship with your parents/guardians.

- We are very close and I always try to make them proud.

What are some strategies you use to organize your time/things?

- Calendar, phone, or whatever I can write things done on.

Describe how your experiences in high school are similar to/different from middle school?

- High provides a lot more freedom, but the course work is more challenging. The school is also bigger than the middle school I attended.

Describe what makes a good teacher.

- The teacher helps when I need help, reviews expectations, listens to all sides of the story, makes class engaging, provides extra credit opportunities, projects, and addresses all learning styles of students in the class.

What are your plans after graduation?

- Vet in Air Force, travel (make clothes)